



## Beach Side Yoga Detox Retreat

November 3rd - 10th 2018

La Ventana, Baja California Sur, MX

### Trip Participant Agreement Terms and Conditions

**Name:** \_\_\_\_\_

**Mobile Phone:** \_\_\_\_\_ **Home Phone:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_ **E-mail Address:** \_\_\_\_\_

**Medical Information (injuries, physical limitations, ailments, pregnancy, etc.):**

\_\_\_\_\_

**Food allergies or dietary restrictions:** \_\_\_\_\_

\_\_\_\_\_

**Emergency Contact Info: Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**Reservation:** A \$600 non-refundable deposit per person will secure space on a first come basis. This retreat is for adults 18 years of age or older. The total cost for the Beach Side Yoga Detox is based on accommodation selection.

- Single Occupancy: 1 person per room (1 bed and 1 bathroom) \$1,950 per person
- Double Occupancy: 2 people per room (2 beds and 1 bathroom)  
Or 2 people per room (1 bed and one bathroom) \$1,400 per person
- EARLY BIRD Discount: \$100 off of total cost (Full balance due by July 15th, 2018)

Roommates will assign their own beds on day of arrival. You can choose your roommates yourself or we can do it for you on the day of arrival.

**Full Balance due by September 7th, 2018 or sooner**

Initials: \_\_\_\_\_

**Trip Price Includes:**

- **Accommodations for 7 nights**
- **Daily Yoga:** Yoga classes will alternate between hatha flow, gentle yoga stretch, restorative yoga, and yoga nidra meditation. Yoga mats and yoga props will be provided.
- **Meals:**
  - Lunch (before 2) and Dinner on day of arrival
  - Breakfast, Lunch, and Dinner Daily
  - Coffee and tea available throughout the day
  - Breakfast on day of departure

Meals are a set menu. It is not possible for individual orders. Accommodations will be made for those who have vegetarian, vegan, lactose-free, and/or gluten-free diet.

**Trip Price Does Not Include:**

- Airfare to and from your location to Los Cabos International Airport (San Jose Del Cabo) or La Paz International Airport.
  - Ask for suggested flights
- Transportation cost to and from the Airport and La Ventana (Casa Tara Retreat)
  - Suggested transportation: Car rentals are usually offered at La Paz International Airport and Los Cabos International Airport. You can arrange a taxi (private or shared) to take you to and from either airport.
  - Note that La Ventana is about a 45 minute drive from La Paz, and an 1 1/2 hour drive from San Jose Del Cabo.
- Alcoholic beverages (beer, wine, and specialty drinks available through the resort)
- Spa Treatments
- Tours and Excursion.

Initials: \_\_\_\_\_

## **Cancellations / Refunds:**

All requests for cancellation must be submitted in writing. The following outlines cancellation policies:

- \$600 deposit is non-refundable
- No refunds given for cancellations on or after August 20th, 2018
- If the participant arrives late to retreat or leaves prior to its conclusion, refunds will not be made for any unused portion of the retreat.
- No refunds will be made for meals, yoga classes or other activities that the participant misses or decides not to participate in for any reason.

Initials: \_\_\_\_\_

**Travel insurance:** It is recommended for all participants to purchase travel insurance. Your travel insurance should provide coverage against trip cancellation or interruption, personal accident, illness, death, medical expenses and emergency repatriation.

Initials: \_\_\_\_\_

**Passport:** A passport is required to enter Mexico. Each participant is responsible for determining their specific passport requirements and obtaining the necessary documents prior to departure. The process for obtaining a new passport can take 4-6 weeks. Non-U.S. citizens must consult with appropriate consulates to determine if any visas are needed.

Initials: \_\_\_\_\_

**Photographs / Video:** Casa Tara may be photographing and digitally recording parts of the retreat and reserves the right to use any such photographs / videos / digital recordings in its advertising, displays, publicity materials and publications without obtaining further consent from any participant. The undersigned hereby grants Casa Tara permission to use their likeness in written publications and documentation, and on audio, video, television and the internet. I release, discharge and agree to hold harmless Casa Tara from any liability that may occur in the reproduction of the finished product. All profits, proceeds and income resulting from the production, distribution, sale and promotion of this product are the exclusive property of Casa Tara.

Initials: \_\_\_\_\_

**Agreement of Release and Waiver of Liability:** I am aware that participation in yoga classes may be hazardous activity. I acknowledge that a certain minimum level of physical health, strength, fitness & flexibility will be required. I am voluntarily participating in these activities with knowledge of the risks of injury for which I voluntarily assume. As consideration for being permitted to participate in yoga classes and yoga exercises, I hereby agree that I, myself, my assignees, heirs, guardians and legal representatives will not claim against, sue or attach property of affiliates of Casa Tara or any yoga instructors for injury or damage resulting from my participation in any lesson, class, or activity. I hereby release Casa Tara and all its agents and heirs from any and all such actions, claims or demands that I, my assignees, heirs, guardians and legal representatives now have or hereafter may have for injury or damage associated with my participation in ANY class, workshop, or private lesson offerings of Casa Tara and for all claims, injury damages or liability suffered by me in connection with my lessons at any location where I have participated. The undersigned participant agrees that Casa Tara and its representatives shall not be held liable for any injury, damage, loss, delay or irregularity for any reason, including but not limited to any defect in a vehicle, acts or default of any company or person engaged in conveying a participant, natural disasters or unforeseen events, delays or expenses arising from such occasions.

Initials: \_\_\_\_\_

My signature below acknowledges all terms and conditions of this document:

\_\_\_\_\_  
Participant Printed Name:

\_\_\_\_\_  
Participant Signature:

\_\_\_\_\_  
Date: